

9th ANNUAL ROUND THE BAY RELAY/ULTRA

A 36.8 mile Relay/Ultra around Choctawhatchee Bay on Saturday, December 28, 2019

Relay registration on active.com (no Ultra signup), Ultra signup ONLY on Ultrasignup.com

Relay- \$30 per runner, Ultra \$50, \$5 off for NWFTC members. \$10 Late fee after 12/3. Shirts or beanies guaranteed for first 300 runners/50 teams.

www.roundthebayrelayandultra.com or dennissamac@gmail.com for more info. Checks to NWFTC.

Mail this form and registration fee to: Dennis Samac, 246 Grandview Ave, Valparaiso, FL 32580

	Print Name	Disclaimer Signature	10K time	Shirt size	Paid
1					
2					
3					
4					
5					
6					

I know competing in this Relay/Ultra is a potential hazardous activity. I should not enter unless I'm medically able and properly trained. I agree to abide by any decisions of the race officials relative to my ability to safely compete in this event. I, the undersigned, release and forever discharge the cities of Niceville, Destin, Ft. Walton Beach, Shalimar and Valparaiso, the Northwest Florida Track Club, and all agents, representatives and employees thereof, and their successors, from any and all claims and damage whatsoever which I, my heirs, their executors, and administrators have or may have against the cities of Niceville, Destin, Ft. Walton Beach, Shalimar and Valparaiso and the NWFTC, it's agents, representatives or employees by reason of damage or injuries which may be incurred by myself while participating in the activities sponsored by Relay. There are no refunds for the race.